



## ST BENET'S CATHOLIC PRIMARY SCHOOL

EXECUTIVE HEAD - MRS SAM BARLOW

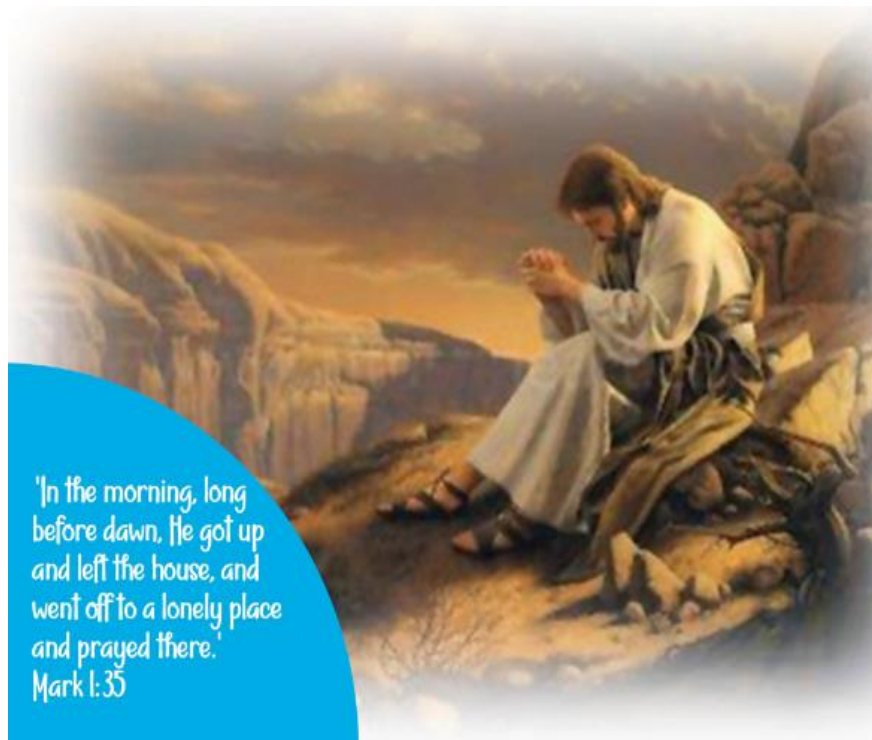
ASSISTANT HEAD - MISS AMANDA LYONS

Email: [office.stbenets@cpswv.org](mailto:office.stbenets@cpswv.org) Phone: 01502 712012

Website: [www.st-benets.suffolk.sch.uk](http://www.st-benets.suffolk.sch.uk)

9<sup>th</sup> February 2024

Jesus' life was very busy, but He found peace by going to a quiet place to pray and be with His Father. We too can find peace in the busyness of our daily lives.



'In the morning, long before dawn, He got up and left the house, and went off to a lonely place and prayed there.'  
Mark 1:35

Children will understand that:

- Jesus was busy but He prioritised prayer.
- Time away from busyness is important and it helps us to grow/recharge/gain strength.
- We too can find peace and strength when we spend time with God.

## The Big Speech

I set a thought provoking big questions to both schools at the start of this half term, which was:

### **How do you think humans should improve the world within the next five years?**

This generated a lot of discussion amongst the children initially and a call to action. So now it is time to see what our children have to say on this matter.

*St Edmund's Big Speech Assembly will be – Tuesday 13<sup>th</sup> February at 2:30pm all welcome to join us.*

*St Benet's Big Speech Assembly will be – Wednesday 14<sup>th</sup> February at 2:30pm all welcome to join us.*

I am really looking forward to hearing the views of the children and their ideas for what they can do, not matter how small, to improve the world they live in.

I hope to see as many parents as possible attending and supporting the children in their first attempt at public speaking.

Best wishes

Mrs Barlow

## Vocations Day

After half term, I would like to introduce a vocations day, where we ask parents if they are able to offer their time to come into school to tell the children about their jobs. Please note if you have passion and enthusiasm for your job, no matter what it is from a builder, farmer, mechanic to a scientist or DJ, please do spare a little bit of time and come along to inspire our children. If you are interested, please can you email the school office and I can then start to plan for this.

## Attendance

**We are always aiming for 96% to be in line with national average, so well done to the year groups who have achieved this. Some year groups have really improved their attendance too, which is excellent.**

Year	St Benet's	St Edmund's
1	93%	98%
2	92%	95%
3	87%	94%
4	94%	96%
5	92%	93%
6	90%	94%

## Forest School

Forest School sessions will be on a Thursday afternoon during school time. The children will take a mini-bus down to the Common after registration at 1:00 p.m. and will be collected and returned to school for 3:15 p.m.

Children will need **clothing suitable for Forest School** as follows:-

- Wellies/trainers
- Spare socks
- Trousers (jogging bottoms/leggings)
- Long sleeved t-shirt/sweatshirt
- Rain coat
- Hat, scarf, gloves
- Waterproof trousers if possible

The children may come to school wearing their Forest School clothes on the day they will be attending. Please be aware that these clothes will get muddy and wet! They may need e.g. a spare pair of jogging bottoms when they get back. The Community Bus also asks that children have a clean pair of shoes/trainers to change into after the visit, before they get into the mini bus. Please see the dates when each year will be attending.

**PLEASE NOTE THE SWAPPING OF DATES FOR RECEPTION & YR 1 BELOW**

15.02.24	Rec
29.02.24	Year 1

## A Science Play Performance on Monday







This week Class One's Heart of Gold goes to Daisy. Sometimes things can get tough and being brave can be tricky, but Daisy has shown us that having courage and taking on new challenges can be exciting too. Daisy you are a star!



Heart of Gold for Y2 this week is James.

In discussions, James has been able to reflect on and make links with the idea of courage and how we all sometimes need courage to be truthful.



This week's Heart of Gold is Damian for always being honest and fair. He has supported others and has asked for help when needed. Well done Damian.



The class 4 heart of gold goes to Maci for being honest and showing courage.

## Treat Tables



### **Dates for your Diaries**

Wednesday, 14<sup>th</sup> February – The Big Speech Assembly at 2.30pm – ALL Welcome

Thursday, 15<sup>th</sup> February – Year 1 and Year 2 Stay and Pray at 2.45pm – 3.15pm

Friday, 16<sup>th</sup> February – break up for half term

Monday, 26<sup>th</sup> February – return to school

Mass Times at St Benet's Catholic Church 10.30am every Sunday.



**Artsmark  
Silver Award**  
Awarded by Arts  
Council England