



## ST BENET'S CATHOLIC PRIMARY SCHOOL

EXECUTIVE HEAD - MRS SAM BARLOW

ASSISTANT HEAD - MISS AMANDA LYONS

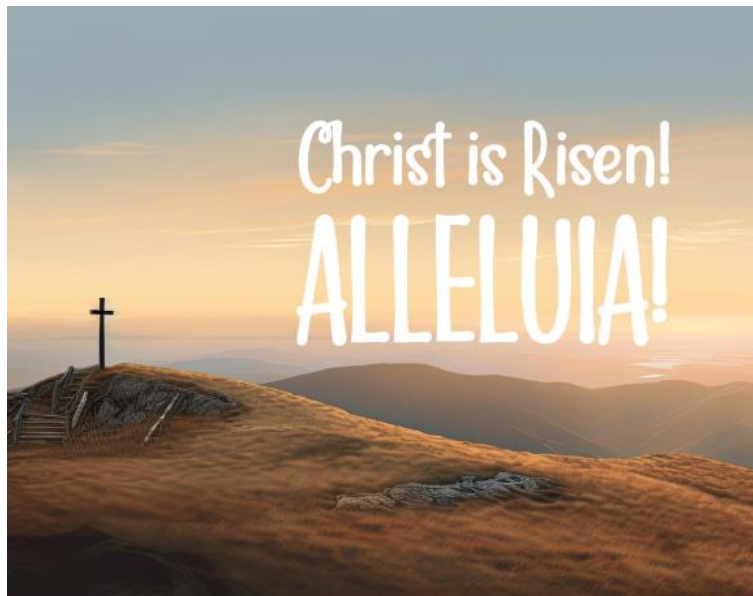
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19<sup>th</sup> April 2024

**Believing the facts is hard when you don't see them for yourself, or when it's just too amazing! Jesus showed his friends who He is and they shared these facts. We are also called to be witnesses today.**



*"So you see how it is written that the Christ would suffer and on the third day rise from the dead, and that, in His name, repentance for the forgiveness of sins would be preached to all the nations, beginning from Jerusalem. You are witnesses to this."*

*Luke 24:46-48*

Children will understand:

- Jesus helped His disciples understand the Good News.
- That Jesus' Resurrection showed that Jesus is the Christ – the Son of God.
- That Jesus calls us to be His witnesses by living our faith.

Welcome back to school after what I hope was a peaceful and blessed Easter holiday. We have a lot to look forward to as we enter the last term of the year. Forest school will begin again this week, we have some classes out on trips next week to the theatre in Norwich, sports days, swimming starts again for some of our children, our annual Mary Procession where we crown Mary with flowers and our children have the opportunity to experience training with a cricket coach through our 'Chance to Shine' program in PE.

We also keep our Year 6 children in our prayers this half term as they approach taking their SATS in May. As schools we do everything we can to ensure this is a seamless part of their lives and certainly do not apply pressure leading up to this.

The Big Speech was postponed from before Easter to this half term the new dates are:

**St Edmund's – 21<sup>st</sup> May 2:30pm**

**St Benet's – 22 May 2:30pm**

A reminder of the question posed to consider and prepare for is:

**Can kindness change the world? Think about the effects of kindness and unkindness on the world.**

*"No act of kindness, however small, is ever wasted."*

*- Aesop*

Please take some time to talk about this with your children and encourage them to have a go at speaking out about this to others and taking part. It really does wonders for their confidence and public speaking ability.

I hope you all have a wonderful weekend.

Best wishes

Mrs Barlow

## **Teaching and Learning**

Each week I want to share with you some of the teaching and learning strategies we use in school to ensure we have high impact on pupil progress.







### **This week is 'Setting Goals'**

#### **Overview**

Lessons have clear learning intentions with goals that clarify what success looks like.

Lesson goals always explain what pupils need to understand, and what they must be able to do. This helps the teacher to plan learning activities, and helps pupils understand what is required.

We support children to identify and work towards their goals through dual coded success criteria. An example is below. This way the children can self- assess and the teacher and monitor progress towards reaching their goals.

What do I need to do?		Self	Peer
1.) Use all 5 senses			
2.) Use descriptive words (adjectives)	 		
3.) Full range of punctuation	. ? ! A , - ; :		
4.) Use strong verbs			
5.) Adverbials (words to describe how, when, where or why something is happening)			
6.) Wow me.			

## Safeguarding – Online Safety

### Keep your child safe from cyber-flashing

#### What is it?

Cyber-flashing happens when a stranger sends an explicit picture, uninvited, to a device (such as a phone or tablet) via WiFi or Bluetooth. It's sexual harassment.

It's most likely to happen on public transport or in crowded places.

The file-sharing app AirDrop for iPhone and iPads is most commonly associated with cyber-flashing, but there are lots of different file-sharing apps out there.

With AirDrop, it can be easy for anyone to send unsolicited images. The automatic preview feature means you also see images without actually opening them.

Under the **Online Safety Act 2023**, cyber-flashing is a criminal offence. It's illegal for anyone to send or show a photo or film of any person's genitals to cause alarm, distress or humiliation, or for the purpose of their own sexual gratification. Offenders can face up to 2 years in prison.

#### 3 steps to keep your child safe

##### 1. Restrict who can send files to your child's phone

Most file-sharing apps allow users to restrict who can send files to them by WiFi or Bluetooth. Find out which apps your child uses, then make sure your child knows how to use these settings.

For AirDrop on **iPhones**:

➤ Go to Settings > General > AirDrop

- Select '**Contacts Only**', or '**Receiving Off**' (to not receive AirDrop requests)

Alternatively, you can:

- Open '**Control Centre**' (swipe down from the upper-right corner or up from the bottom of the screen, depending on the model)
- Press firmly on the **network settings card** (this is in the shape of a square) in the upper-left corner. This will open more connectivity controls
- Tap and hold the **AirDrop** icon
- Select '**Contacts Only**', or '**Receiving Off**' (to not receive AirDrop requests)

Some of the other most popular file-transfer apps include:

- Google Drive
- Dropbox
- Microsoft OneDrive
- AirDroid
- Zappy

Make sure your child knows to only accept files from people they know.

## 2. Turn off Bluetooth when not using it

Otherwise, it can be easy for strangers nearby to send images to your child's phone.

To do this on **iPhone**, open 'Control Centre' (see above), then tap the Bluetooth icon (it looks like a 'B'). The icon dims when it's off.

On **Android**, swipe down from the top (you might need to do this twice or scroll across). Then tap the Bluetooth 'B' icon to turn it off. It will be grey when Bluetooth is off.

## 3. Make sure your child knows what to do if it happens to them

If your child doesn't feel in immediate danger, they should take a screenshot and report the incident to the police using the non-emergency numbers:

- If it happens on public transport, text 61016 or call 0800 40 50 40
- If it happens anywhere else, call 101

If your child feels scared or is in immediate danger, they should call 999. They should also move to a safe place – and find someone in authority to talk to, such as platform staff, a security guard or a shop manager.

If it happens in school, your child should talk to a trusted adult immediately. If it has happened outside of school, you or your child can still ask the school for support.

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## It can be difficult for children to tell someone about sexual harassment

If your child tells you about being a victim of an incident of cyber-flashing, make sure you:

- Listen to them carefully
- Reassure them that you'll support them
- Remain non-judgemental

## Sources

This factsheet was produced by [The Key Safeguarding](http://thekeysupport.com/safeguarding):  
<http://thekeysupport.com/safeguarding>

- [Keeping Children Safe in Education, GOV.UK – DfE](https://www.gov.uk/government/publications/keeping-children-safe-in-education--2)  
<https://www.gov.uk/government/publications/keeping-children-safe-in-education--2>
- [Online Safety Act 2023, GOV.UK – UK Parliament](https://www.legislation.gov.uk/ukpga/2023/50/enacted)  
<https://www.legislation.gov.uk/ukpga/2023/50/enacted>
- [How to use AirDrop on your iPhone, iPad, or iPod touch, Apple](https://support.apple.com/en-gb/HT204144#setoptions)  
<https://support.apple.com/en-gb/HT204144#setoptions>
- [Use Bluetooth and WiFi in Control Centre, Apple](https://support.apple.com/en-us/HT208086)  
<https://support.apple.com/en-us/HT208086>
- [Connect through Bluetooth on your Android device, Android Help](https://support.google.com/android/answer/9075925?hl=en-GB)  
<https://support.google.com/android/answer/9075925?hl=en-GB>
- [61016 text service, British Transport Police](https://www.btp.police.uk/police-forces/british-transport-police/areas/campaigns/61016-text-service/)  
<https://www.btp.police.uk/police-forces/british-transport-police/areas/campaigns/61016-text-service/>
- [Cyberflashing, epilepsy-trolling and fake news to put online abusers behind bars from today](https://www.gov.uk/government/news/cyberflashing-epilepsy-trolling-and-fake-news-to-put-online-abusers-behind-bars-from-today)  
<https://www.gov.uk/government/news/cyberflashing-epilepsy-trolling-and-fake-news-to-put-online-abusers-behind-bars-from-today>

Forest School - Children will need **clothing suitable for Forest School** as follow,

- Wellies/trainers
- Spare socks
- Trousers (jogging bottoms/leggings)
- Long sleeved t-shirt/sweatshirt
- Rain coat
- Hat, scarf, gloves
- Waterproof trousers if possible

The children may come to school wearing their Forest School clothes on the day they will be attending. Please be aware that these clothes will get muddy and wet! They may need e.g. a spare pair of jogging bottoms when they get back. Please see the dates when each year will start attending.

25.04.24	Yr 5
02.05.24	Yr 4
09.05.24	Yr 3

16.05.24	Yr 2
23.05.24	Yr 1
06.06.24	Rec



This week, Class One's Heart of Gold goes to Isaac, he has shown kindness to his friends and used wonderful manners. He showed creativity and included all his friends when creating a sandcastle land. What a star!

Year 2 heart of gold for faithfulness goes to Willow. Willow has spoken about the ways we can be like Jesus in our day to day life and has been a lovely prayer leader this week.



This week's Heart of Gold in class 3 goes to Ava-Rai. She has worked hard in our RE sessions to understand how the disciples felt after Jesus' death and on the road to Emmaus. She provided very thoughtful ideas in our class discussion and has also been a very kind and considerate friend this week.

Class 4 - The heart of gold this week is Solomon for his thoughtful ideas in assembly about how in Easter time we can be witness to Jesus, and the messages he taught us. Very well done!





## **Treat Tables**



## **Dates for your Diaries**

Tuesday, 23<sup>rd</sup> April – Year 6 Rotary Quiz at St. Edmunds

Thursday, 25<sup>th</sup> April – Class 3 Theatre Visit – Boy at the back of the Class

Monday 13<sup>th</sup> May – Friday 17<sup>th</sup> May – Year 6 SATS

Thursday 16<sup>th</sup> and Friday, 17<sup>th</sup> May – Class 1 and Class 2 Trip – Big Dog Ferry (Split into 3 groups)

Thursday, 23<sup>rd</sup> May and Friday, 24<sup>th</sup> May – Bikeability Year 6

Friday, 24<sup>th</sup> May – Finish for half term

Monday, 3<sup>rd</sup> June – Return to School

Mass Times at St Benet's Catholic Church 11am every Sunday.



**Artsmark  
Silver Award**  
Awarded by Arts  
Council England